

# THE CUSTOMER ASSISTANCE PROGRAM CAN HELP WITH VIRTUALLY EVERY AREA OF YOUR LIFE

## FAMILY & RELATIONSHIPS

Marital	Teen Issues
Parenting	Domestic Partners
Caregiving	Physical Abuse
Childcare	Relocation
Eldercare	Sandwich Generation
Education Planning	Military Life/Separation
Adoption	Disaster Preparedness
Family Pets	Communication
Special Needs Care	Children's Safety
Blended Families	



## PERSONAL

Stress	Eating Disorders
Anxiety	Life Transitions
Addiction	Pregnancy/Post-Partum
Depression	Trauma
Medical Conditions	Sexual Concerns
Grief/Bereavement	Domestic Violence
Gambling	Learning Disabilities
Weight Control	Smoking
Anger	Men's/Women's Issues
Chronic Pain/Illness	Nutrition



## FINANCIAL & LEGAL

Debt	Criminal Law
Credit Card Issues	DUI/DWI
Financial Loss	Landlords & tenants
Bankruptcy	Homeowner Concerns
Budgeting	Taxes
Retirement Planning	Insurance
Wills & Trusts	Consumer Law
Real Estate Law	Contracts
Car Buying	Personal Injury
Immigration	Child Custody
Divorce	Social Security
Civil Suits	



## WORKPLACE

Employee Conflict	Project Management
Work-related Stress	Motivating Self & Others
Coaching	Valuing Diversity
Supervisor Conflict	Managing Change
Team Development	
Career Planning	
Management Skills	
Supervising Others	
Time Management	
Skills Development	



Getting the help you need is simple. You can call 24 hours a day, 7 days a week to reach a professional counselor. Call the toll free number or log on to the website to access other benefits.

**800.252.4555 | THEEAP.COM**



FARM CREDIT EAST



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HealthCare EAP  
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